

## Remember 5-4-3\*

### How to Pass on the Faith:

#### Principles:

# 5

1. Faith is formed by the power of the Holy Spirit through personal trusted relationships - often in our own homes.
2. The church is a living partnership between the ministry of the congregation and ministry of the home.
3. Where Christ is present in faith, the home is church, too.
4. Faith is caught more than it is taught.
5. If we want Christian children and youth, we need Christian adults.

### How to Practice the Faith:

#### Keys

# 4

1. Caring conversations
2. Devotions
3. Service
4. Rituals and Traditions

### How to be the Faith Former:

# 3

#### Characteristics

1. Authentic
2. Available
3. Affirming

\*Vibrant Faith Ministry

**PRACTICE**

**QUESTION**

**SEEK**

### Top 10 Reasons why it's cool to be a disciple

10. Any dead fish can just float down stream.
9. You can "be all that you can be."
8. It's better to light a candle than curse in the darkness.
7. You can pay it forward.
6. You can seek life and adventure where no one has gone before.
5. The force is with you.
4. You can learn how to harness the force.
3. To infinity and beyond (eternal life).
2. Being counter-cultural takes courage.
1. Jesus was a rebel!

# Faith Formation



**PRACTICE**

**QUESTION**

**SEEK**

**Confirmation  
Growth**

# Faith Formation - Confirmation

Confirmation is NOT a journey toward a “graduation,” but another step on the life-long journey of faith that extends from birth to death, which is why we call this *Faith Formation*. It is a time to experience God’s love by building caring connections with parents, peers and other caring adults. It is a time of Pastoral, Family & Congregational ministry. It is a commitment of the whole family to grow together, support one another and encourage one another to trust in a God who loves us, cares for us and forgives us.

Zion’s Faith Formation, confirmation, is a two year program for Middle schoolers from September to May each year. The Rite of Confirmation is to take place in **June**.

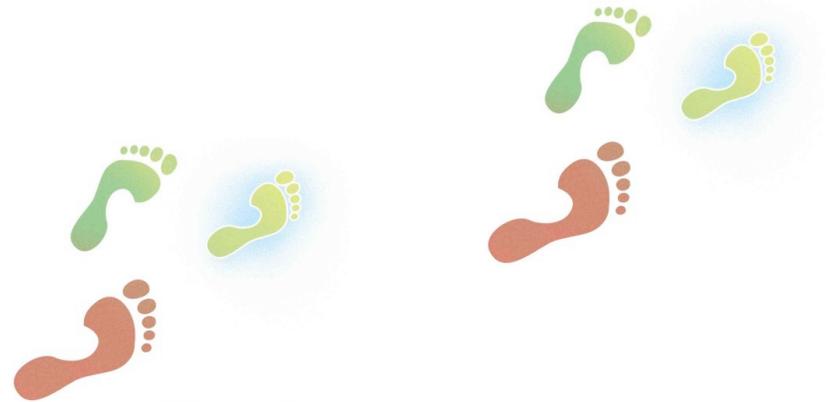
## Cornerstone of Mature Christian young adults:

- **Seeks Spiritual Growth:** alone and with others asks questions, seeks guidance and participates through caring conversations, study of faith, reading the bible, prayer, small groups & retreats.
- **Practices Faith:** actively practices faith in Jesus Christ privately and publicly through regular attendance at worship, participation in ministry and leadership in the congregation.
- **Makes the Christian Faith a Way of Life:** recognizes God’s “call” and integrates one’s beliefs into the conversation, decisions, and actions of daily life.



## Statement of Faith Formation - Confirmation

**Confirmation is not a sacrament in the Lutheran church, nor is it required for salvation.** Zion’s Faith Formation (Confirmation) program is intended to give guidance and direction for the confirmands and their parents as they prepare to affirm their baptism. It is a great opportunity for youth and their families to grow in their faith through various lessons, service, camps, youth gatherings and relationships. As part of Zion’s Faith Formation - confirmation families are asked to participate in the life of the church in a variety of ways. Expectations have been set to preserve the integrity of this ministry of faith formation, to aid in the building of Christian relationships, help facilitate the sharing of God’s word, and give tools to families to speak about their faith.



### Contact information:

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# Details

## Worship

Attending worship regularly with your family is important to help you grow in your faith. Sitting quietly with your family for an hour a week can help nurture your soul and clear your mind to hear where God is leading you to do God's good work.

**Requirement:** Attend worship on Sundays, throughout the year. Ask questions about why we do certain things during worship in class.

## Basic Training

Attend Sunday School Class regularly from September to May. Classes are from 9:15 to 10:30 a.m. The curriculum, "Here We Stand", is used and each student will receive "The Lutheran Handbook." Topics covered include the Old and New Testaments and Luther's Small Catechism.

**Requirement:** Attend every week and ask questions about what you are learning you.

## Boot Camp

Retreats are a time to dig deeper into scripture and how it applies to your life as well as meet other Lutherans in the valley. We will have a retreat in the Fall each year with fellow confirmands from the Utah Conference, when possible. The location will be determined each year.

**Requirement:** Attend retreats.



## Pass it On

Serving others is a natural result of our faith. Being a Mature Christian Youth involves caring for others and addressing injustice. Assisting others will help bridge what you learn during your faith formation years to real life experiences. We ask that you complete 15 hours of Christian service each year which may include any of the following:

- Be a **Reader\*** during worship (Sign up / see Pastor)
- Deliver a **Children's Message\*** during worship (Sign up / see Pastor)
- Share your **musical gift** during worship. (See Susan Swidnicki)
- Be an **Acolyte\*** during worship (Sign up / on bulletin board)
- Serve as a **Junior Counselor** during summer VBS.
- Serve meals at the Congregational Meeting & Easter Brunch.

**Requirement:** Get involved by volunteering each year and remember, you can't get paid to pass it on! Serve as acolyte, reader, usher, sound room or share a musical talent.

## Family Connection

Faith Formation starts in the home. While ZELC provides basic tools of how to continually explore the confirmands faith in Jesus Christ, the journey continues with your involvement before, during and after confirmation. Each week we encourage you to read the Bible with your family or privately. Pastor Steve is more than willing to meet with parents to explore ways that they can dive deeper into scripture.

Parent Volunteers are also needed to coordinate and/or help out with any of the following opportunities: (See the Director of Youth Ministries) Chaperoning, Fundraising, Hospitality Guru, & Service Project Team.

**Requirement:** Continue building the faith with your child during and after the rite of confirmation.

# Faith Papers

A faith paper is a way of reflecting on your faith journey thus far and looking ahead as you live out your faith day to day. The faith journey began when your parents baptized you and has become more intentional with this Faith Formation program. This part of your journey is to help prepare you to continue your journey with Jesus and others in your faith community.

To help you begin reflecting on your Faith Paper, we will begin by exploring what discipleship means through a Christian Lutheran lens. Faith Disciples have been paired with a **Faith Coach**. You will meet with your Faith Coach two-four times. Faith Coaches will meet with Pastor & the Youth Minister for an orientation in July. Faith Coaches will walk along side you and share their own faith journey stories. The intention of having a Faith Coach is to extend beyond this stepping stone of Faith Formation. We hope that you and your Faith Coach will check in periodically throughout your lives here at Zion and beyond.

**Faith papers** are due on the last Sunday in **April**. Your paper needs to be around 500 words in length.

We hope you have fun with this and that it is a meaningful experience for you! Pastor will meet with you again to discuss your paper. You will share your faith paper with the congregation at the Rite of Confirmation.

On **June 7, 2020**, the day of your **Rite of Confirmation**, you will make public profession of your faith and declare your intention to continue the covenant God made with you in Holy Baptism by promising:

*“To live among God’s faithful people, To hear God’s Word and share in God’s supper, To proclaim the good news of God in Christ through word and deed, To serve all people, following the example of our Lord Jesus, And strive for justice and peace in all the earth.”*

# Overview



## Worship

Attend worship regularly with your family

- Attend Sunday worship



## Basic Training

Attend Sunday School Class regularly

- September - May from 9:15 - 10:30 am
- Ask Questions



## Pass it On

Service Projects

- Get involved in helping others.
- Serve as acolyte, reader, sound room or usher or share musical talent

## Boot Camp

Retreats

- Participate in youth events
- Attend Retreats
- Rite of Confirmation

## Family Connection Time

Vibrant Faith

- Read the Bible together & privately
- Pray together & for each other
- Attend Family Connections
- Have a home visit with the Pastor